



www.piedmonterc.org  
**PIEDMONT EMERGENCY RELIEF CENTER**

Piedmont Community Building  
 3 Main Street  
 P.O. Box 424  
 Piedmont SC

Phone: 845-5535  
 Fax: 845-5537

**Hours:**  
**Monday** 10am – 2pm  
**Tuesday** 10am – 2pm  
 & 4pm – 7pm  
**Thursday** 4pm – 7pm  
**Friday** 10am – 2pm  
**Saturday** 9am – Noon



**FEBRUARY 2009**  
**MENU**

**REGULAR BOX**

*Balanced nutrition and variety with enough food to feed a family of four for a week.*

**SENIOR/CONVENIENCE BOX**

***For Seniors or People on the Go!***

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

- 1.5 lb. Sirloin Strip Steaks (4 x 6 oz.)
- 2 lb. Tray Pack Chicken Breast
- 1 lb. Boneless Pork Chops
- 2 lb. Breaded Chicken Nuggets
- 28 oz. Salisbury Steak Entree
- 12 oz. Sliced Bacon
- 1 lb. All-Meat Hot Dog
- 1 lb. Stir Fry (Broccoli, Red Peppers & Onions)
- 1 lb. Carrots
- 10 oz. Peanut Butter
- 32 oz. 2% Shelf Stable Milk
- 35 oz. Crinkle-Cut Fries
- 7.25 oz. Mac 'n Cheese
- 1 lb. Rice
- 1 lb. Bean Soup Mix
- Dozen Eggs
- Dessert

**\$30.00**

- Beef Chili Macaroni Casserole** with Diced Carrots and Green Beans
- Ham & White Beans** with Diced Sweet Potatoes and Winter Blend Vegetables
- Creamy Chicken Fettuccine Alfredo** with Corn and Capri Blend Vegetables
- Sweet & Sour Pork** with Rice, Peas and Carrots, and Squash Medley
- Flame Broiled BBQ Chicken Breast** with Diced Sweet Potatoes and Broccoli
- Seasoned Beef Chili** with Beans, Broccoli and Applesauce

- Beef Meatballs & Shell Pasta with Creamy Alfredo Sauce**, Green Bean Casserole and Squash Medley
- Pot Roast and Gravy** with Vegetables, Diced Potatoes and Green Peas
- Creamy Macaroni & Cheese** with Diced Carrots and Green Peas
- Grilled Chicken Breast over Rice & Gravy** with Diced Carrots and Green Peas
- 10 2-pack, individually-wrapped cookies**

**\$28.00**

**\*\*\*One or More Specials Available Only with the Purchase of Either of the Boxes Above\*\*\***

**FEBRUARY SPECIAL #1**

**6 lb. Assorted Meat Box \$22.00**

- 1.5 lb. Bone-In Ribeye Steak (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Lean Ground Beef Patties (4 x 6 oz.)
- 2 lb. Thick-Cut Pork Chops (4 x 8 oz.)
- 1 lb. Mild Italian Sausage with Mozzarella Cheese

**FEBRUARY SPECIAL #2**

**4 lb. Steak Combo \$21.00**

- 2.5 lb. T-Bone Steaks (4 x 10 oz.)
- 1.5 lb. New York Strip Steaks (2 x 12 oz.)

**FEBRUARY SPECIAL #3**

**Super Value Fajita Kit (5+ lbs.) \$21.00**

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

**FEBRUARY SPECIAL #4**

**Frozen Side & Fixin's Box \$16.00**

- Compliments our Great Steak and Chicken Boxes*
- 2 lb. Heat & Serve Corn
  - 2 lb. Heat & Serve Green Beans
  - 2 lb. Heat & Serve Mashed Potatoes
  - 1 Brown Gravy Mix
  - 8 ct. Dinner Roll
  - 1 Pie

**FEBRUARY SPECIAL #5**

**Fresh Fruit and Veggie Box \$21.00**

- 3 lb. No. 1 Premium Idaho Baking Potatoes
- 3 lb. No. 1 Premium North Carolina Sweet Potatoes
- 2 lb. No. 1 Premium New Crop Western Grown Yellow Onions
- 9 oz. California Premium Raisins
- 1 lb. Premium California Grown Carrots
- 1 head Premium Fresh Green Cabbage
- 3 lb. New Crop Tree-Ripened Red Delicious Apples
- 2 each Premium Washington State Anjou Pears
- 1 each Premium Golden Sweet Pineapple
- 3 lb. New Crop Premium Florida Tree-Ripened Valencia Oranges

**FEBRUARY SPECIAL #6**

**Tangerine Box \$15.00**

- 2/5 Bushel New Crop Florida Tree-Ripened Honey Tangerines (approximately 20-21 pounds or 70-75 tangerines)

**We Accept Food Stamps (EBT).**

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality

Visit [www.angelfoodministry.com](http://www.angelfoodministry.com) to locate a host site near you.

**PERC accepts cash, money orders, and Food Stamps only. No one needs to qualify ~ Anyone can order!**

**Orders Due:** Saturday, February 14, 2009  
**Distribution Day:** Friday, February 27, 2009

You can now order online using a credit or debit card. Orders will still need to be picked up at PERC on the distribution day. Please visit our website at [www.piedmonterc.org](http://www.piedmonterc.org).